

Maitland Public School - Canteen Price List - 2017 Term 3

	MENU ITEMS	GREEN		AMBER		
		BEST CHOICE		SELECT CAREFULLY		
RECESS	SNACKS	Pikelets	10c	Cheese and bacon roll	\$1.50	
		Plain popcorn	70c	Finger bun	\$1.50	
		Custard cup (low fat)	60c	Jelly cup	60c	
		Yoghurt (low fat)	80c	Rice sticks (GF) – chick & veg	50c	
		Sultanas	80c			
		Rice crackers (4) with cheese	50c			
		Salad snack bag	50c			
		Fresh fruit	10c			
		Whole fruit	80c			
		Rice wheels	80c			
		DRINKS	Water 300mL	\$1.00		
			Water 600mL	\$1.50		
	Flavoured milk 250mL -					
	Choc, banana, strawberry		\$1.80			
	Flavoured milk 500mL -					
	Choc, banana, strawberry		\$3.00			
	LUNCH	SANDWICHES	Chicken or tuna	\$3.50	Vegemite	\$2.00
			Chicken or tuna & salad	\$4.00	Jam	\$2.00
Salad			\$3.50	Ham	\$3.00	
Egg & lettuce			\$3.50			
Cheese			\$3.00			
Cheese & tomato			\$3.50			
Baked bean/Spaghetti			\$3.00			
<i>Wholemeal bread is available</i>			Free			
Cheese & bacon roll with tomato & lettuce			\$3.00			
SALAD BOXES		Salad tub	\$4.00			
		Salad with ham, chicken or tuna	\$4.50			
		Fresh fruit salad	\$4.00			
HOT FOOD		Chicken and gravy roll	\$3.50	Shepherd's Pie	\$4.00	
		Grilled cheese ½ roll	\$1.00	Ham & pineapple pizza	\$3.00	
		Sweet chilli chicken on wrap with lettuce	\$3.00	Cheese & bacon pizza	\$3.00	
		Honey soy chicken & rice	\$4.00	Potato party pie	\$2.00	
		Satay chicken & rice	\$4.00	Pie	\$3.00	
		Lasagne	\$4.00	Sausage roll	\$2.50	
	Gluten Free chicken nuggets	50c	Chicken schnitzel burger with lettuce & mayo	\$4.00		
	Gluten Free chicken tenders	\$1.50	Nachos	\$4.00		
			Chicken nuggets	50c		
		Gluten Free meals available with salad for extra				
FROZEN TREATS	Juices – wild berry, tropical & lemonade	\$1.20				
	Quelch sticks – mixed flavours	60c	Vanilla ice cream cup	\$1.80		
			Moosies – max 2 flavours	\$1.20		
	99% Juice cups – orange & ABC	80c	Fandangles – caramel, fairy floss & choc	\$1.80		
	Frozen little fruit cups	20c	Icy poles – lemon & raspberry	\$1.50		
	Frozen pineapple rings	30c	Sauce	50c		
EXTRAS	Extra salad filling	20c	Juice cups	80c		
	Toasted	50c	Milk cups	50c		
	Bread roll	50c				

Canteen open Monday, Tuesday, Wednesday, Thursday and Fridays.

Please note: - Care is taken to keep Gluten free meals separated.